

**Subject: EVS**

**Chapter 11: The food we eat**

**Bookwork (Page No 82)**



**Exercise (Page No 82)**

*Exercise*

**A. Choose the correct answer from the box and complete the sentence.**

**energy plants milk**

1. We get food from plants and animals.
2. We eat food to get energy.
3. Milk is a complete food.

**B. Match the meal with the time of the day.**

1. Lunch	—	morning
2. Dinner	—	at noon
3. Breakfast	—	at night

**C. Answer the questions in one or two words.**

1. Name the food items you have for lunch. rice, vegetables.
2. Name two food items you get from animals. meat and milk.
3. What is food we have between meals called? snacks.

Directions: Guide the students to understand and revise the same as taught in zoom class.

**GDGPS-GRADE1-EVS**