

Subject: EVS

Chapter 11: The food we eat

Topic: Meal time manners

Explanation:

- Sit up straight.
- Be quite while eating.
- Don't start eating until everyone has been served.
- Wash your hands before and after meals.
- Chew with your mouth closed.
- Hold utensils correctly.
- Remember to use your napkin.



Reading and Explanation (Page No 81)

Meal time manners

We must wash our hands before and after meals.

We must chew our food well.

We should not spill food on the table or around the plate.

We should not talk with food in our mouth.

We should not waste food.



Directions: Guide the students to understand and revise the same as taught in zoom class.

GDGPS-GRADE1-EVS