



G.D. GOENKA PUBLIC SCHOOL, SRINAGAR

Aspect: Supporting Content (MCB)

Topic: Speed! One can be better than Two

Dated:20.05.21

Learning Objectives:

- To develop LSRW skills among the students.
- To enrich the vocabulary.

Notebook instructions:

- Write neatly and legibly.
- Answers for self-correction. *(Kindly write Questions along with the answers in your notebook)*

B. Think and Write

- 1.** We should not lose hope. We need to be courageous, optimistic and well determined at every step of life, so as to achieve the goal of our life.
- 2.** Lower prospects for the disabled may lead to maladaptive coping and inconsistent rehabilitation or treatment and a greater strain to the caregivers. Disability related to stigma or discrimination may interfere with a caregiver seeking help to cope up with the increasing stress.
- 3.** Michael developed such a great positive attitude towards life by watching the video of a one-legged guy who had been doing skiing artistically. We are highly inspired by the courage and determination

of Michael Milton. It proves that we can do the most difficult task of our life when we have a willingness to do it.

4. When I was in grade 12th, I had a fracture in my right leg. I could not walk properly as I couldn't balance myself. Most of my friends used to laugh at me, when I walked. I made up my mind that I have to walk the same way I used to before the fracture. I suggest each and every one that we should not be disappointed even in the worst situation of our life. We should not feel disheartened, instead we need to gather our all courage and confidence to win all the battles of our life successfully.

5. Find the names of five adventure sports in the maze below. Write in the space provided.

1. River rafting
2. Windsurfing
3. Water skating
4. Bungee jumping
5. Skiing

Watchword

A. The following lines say something about Michael. Choose the best option.

1. courageous
2. determined
3. optimistic
4. successful

B. Make as many words you can from the given word you will get five minutes to do so. You cannot use an alphabet more than the number of times it occurs in the word.

Determination

- **D**edication
- **E**ffective
- **T**alented
- **E**fficient
- **R**esolution
- **M**arvelous
- **I**nternational
- **N**ative
- **A**ctive
- **T**actful
- **I**mpulsive
- **O**wner
- **N**aughty